



BBAC GROUP EXERCISE SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00AM	BODYPUMP KEVIN	GRIT KAYLA	BODYBALANCE REBECCA	BODYPUMP KEVIN	BODYBALANCE REBECCA
5:00PM			GRIT MEG		
5:15PM	SH'BAM JULIE	TONE JULIE/HANNAH		BODYATTACK HOLLY	
6:30 PM		DANCE2FIT WITH JILLIAN \$10			

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TIME	SATURDAY	SUNDAY
7:00AM	BODYPUMP KEVIN	
8:15AM	BODYCOMBAT BRIAN	TONE JULIE/HANNAH
9:30AM		GRIT MEG/HOLLY